

# 本

會於7月8日與半百會員同遊大埔慈山寺。在導賞員的帶領下，一眾會員加深對慈山寺的認識。一個人的身心健康極為重要，希望每位參加者都可以找到身心放鬆的渠道，活出真我。

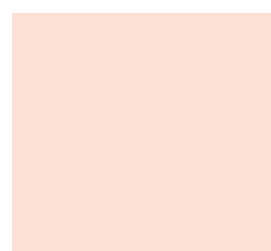
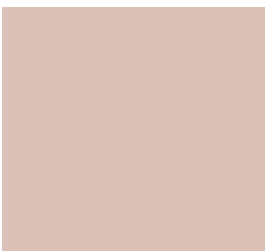
On July 8, 2017, almost half a hundred members have paid a visit to Tsz Shan Monastery for refreshing their mind and taking a break. The free guided tour provided helps visitors better understand the initiation and architectural concept of the Monastery. It is important for a person to stay calm and happy and we hope everyone could find one's breathing space and live life to the fullest.



一眾會員於慈山寺合照留念。  
All participants were in a photo.



導賞員逐一向參加者介紹寺院的建築物。  
Free tour guide provided by the Monastery.



如對以上活動有任何疑問或有興趣參與本會的活動，歡迎致電21225054與會員部Karey Tse 聯絡。

Please contact Ms. Karey Tse, Membership Department at 2122-5054 if you would like to know more about JMA's activities.

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